

First Aid Policy

Purpose:

To provide clear guidelines regarding the application of first aid and other health related assistance to students, staff, parents.

To define management procedures that are implemented to identify and monitor students who have pre-existing medical conditions.

Scope:

All staff, students, parents, volunteers and visitors to Corner Inlet College including all programs coordinated by Corner Inlet College.

Implemented by:

Designated First Aid Officer and Teachers

Approved by:

CIC Board

Communicated via:

School website, staff induction, staff handbook, parent handbook, annual staff first aid training, first aid area, school bus

Reviewed:

Every two years or as legislative changes arise, or improvements are identified.

Definitions

First aid involves emergency treatment and support to:

- Preserve life through:
 - clearing and maintaining open airways
 - restoring breathing or circulation
 - monitoring wellbeing until the person recovers or is transferred into the care of ambulance paramedic, doctor or nurse
- Protect a person, particularly if they are unconscious
- Prevent a condition worsening
- Promote recovery.

Medical Care Plans – a medical care plan is the collective term used throughout this policy for one of the following four plans:

1. A **CIC Individual Anaphylaxis Plan** is a student's anaphylaxis emergency response plan prepared in conjunction with the parents and Principal, reviewed annually and includes the Australasian Society of Clinical Immunology and Allergy Anaphylaxis (ASCIA) Plan completed by the student's medical/health practitioner in consultation with the parents/guardians annually.
2. A **CIC Individual Allergic Reactions Plan** is a student's Allergy Care plan prepared in conjunction with the parents and Principal, reviewed annually and includes the Australasian Society of Clinical Immunology and Allergy (ASCIA) Allergic Reactions Plan completed by the student's medical/health practitioner in consultation with the parents/guardians annually. This plan only applies to people with mild/moderate allergies, who need to avoid certain allergens. For people with severe allergies (and at risk of anaphylaxis) use the **CIC Individual Anaphylaxis Plan**, which include adrenaline (epinephrine) autoinjector instructions.
3. An **Asthma Management Plan** is a student's Asthma Care plan in a format approved by the Asthma Foundation Victoria and completed by the student's medical/health practitioner in consultation with the parents/guardians annually.
4. A **Medication Consent Form and Medical Management Plan** is a plan in a format provided by Corner Inlet College for students with any other identified health care need (i.e. other than Anaphylaxis, Asthma or Allergy) and/or where medication is to be administered. It is completed by the parent/guardian.

Designated First Aid Officer

The name of the designated First Aid Officer and other staff with first aid qualifications will be displayed in the first aid area.

The First Aid Officer will be responsible for checking the expiry dates of all student medication listed on Medical Care Plans as well as auditing and maintaining the school's first aid resources.

All Teachers should make themselves aware of the medical conditions of students in their care and the medication taken by that child as described in their Medical Care Plan.

First Aid Facilities

The location of designated first aid room is clearly depicted on the Emergency/Evacuation Plan displayed at key points on site.

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The first aid room will provide a clean and sanitary environment that allows for privacy, dignity and comfort. It will also provide sufficient room for supervision and treatment to be administered.

The first aid room will be equipped with the following;

- A major first aid kit
- A first aid kit contents register
- A list identifying the first aid officer and staff with first aid training
- A list of emergency contact numbers
- Availability of hot and cold running water
- An upright chair
- A list of students with Medical Care Plans including a thumbnail photo

An additional portable first aid kit will be maintained in each school bus.

Student Medical Records

Upon enrolment, parents are required to complete the medical detail section of the enrolment form including any associated Medical Care Plans and provide a statement from the Australian Immunisation Register. Parents are reminded annually, via the newsletter, of the need to update any medical information or Medical Care Plans and emergency contact details.

Known Medical Conditions

Students with known medical conditions are required to have a completed Medical Care Plan as relevant for their condition, detailing a description of the condition, symptoms of deterioration of the condition, usual medical treatment to be administered at school, medical treatment if the condition deteriorates and any side effects of the medication. The Medical Care Plan will also include the name, address and phone number of the child's medical practitioner and emergency contacts. Copies of the Medical Care Plan will be kept in the student's file in the office and in the first aid area.

Student Medication

Students with long- or short-term medical conditions which require oral prescription drugs must supply the following:

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- A Medication Consent Form and Medical Management Plan from the parent / carer / guardian giving the Teacher / designated First Aid Officer permission to assist the child to take the prescribed medication.
- Medication in a sealed container with the pharmacist directions label stating:
 - Child's name
 - Name of the drug
 - Date of dispensing
 - Dosage to be administered at school
- The container of medication will be signed in and out of school on the Medication Consent Form and Medical Management Plan or it will remain at school until it is finished or no longer required.
- The school will dispose of any unused medication.
- Administering of any medication will be recorded in the First Aid Register.

If medication is brought to school, it must be given to the student's Teacher with the Medication Consent Form and Medical Management Plan and the Teacher will organise for it to be stored in either:

- the First Aid medicines cabinet, or a refrigerator

In the event of a student refusing to take medication, the Teacher will advise the parent as soon as possible. Teachers will not force a student to take medication unless a situation is considered to be, or potentially become, life-threatening.

Asthmatic reliever sprays (e.g. Ventolin) may be kept by students trained in their use if this has been indicated on their Asthma Management Plan. Additional asthmatic reliever sprays and other inhalers will be stored on the first aid shelf in a sealed container as described above.

Parents of students with specific medication for allergic reactions to insect bites, chemical reactions or changes in climatic conditions are required to complete an ASCIA Action Plan for Allergy (or ASCIA Action Plan for Anaphylaxis) prior to their medication being stored on the first aid shelf.

Paracetamol or any other non-prescription medication will not be distributed to students without written direction and/or verbal consent of parent / guardian.

Contagious Illnesses

Parents have a responsibility to notify the school if their child is diagnosed with a contagious illness. The school will then notify all parents.

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Caring for Students that Become Sick and Injured at School

While every effort will be taken to look after students, parents are requested to keep sick children at home. If students become ill at school, efforts will be made to advise the parents, either directly or via the emergency contacts listed on the student's enrolment form, to come and collect the child.

If a student is injured at school, staff at Corner Inlet College will administer first aid, and provide adequate treatment or transfer into the care of ambulance paramedic, doctor or nurse as required.

If a student has received first aid at school, parents should be made aware by:

- Text message (for minor injuries / illness)
- Phone call (for serious injuries / illness)

First Aid Register

Staff members are required to record all first aid and medication administered to students, staff and parents as a First Aid Incident in uEducateUs (school data management system) **see page 6 for example.**

A copy of this policy is to be available on our website and in the First Aid room and School Bus.

Related Documentation

Medication Consent Form & Medical Management Plan

First Aid Records on Student Management System

CIC Individual Anaphylaxis Management Plan

CIC Individual Allergic Reactions Plan

Register of Staff First Aid Training

Related Policies

- Anaphylaxis Management Policy

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uEducateUs student management system - **First Aid Register** example below

The screenshot shows the uEducateUs web interface. The browser address bar displays <https://cornerinletcollege.ueducateus.com.au/admin/medical/conditions>. The page title is "Medical / Medical Conditions". A red banner at the top left says "New Update Released!". The left sidebar contains navigation options: Home, My Profile, Attendance, Communication, Management, Overviews, Reporting, Curriculum, Well-being (with sub-items: Behaviour, Incidents, Medical). The main content area is titled "Medical Conditions" and includes a "+ New Medical Condition" button. Below this is a table with columns "Code", "Description", and "Actions".

Code	Description	Actions
Allergy	A negative bodily reaction to a substance, typically food, pollen, fur or dust	[Settings]
Asperger syndrome	A developmental disorder characterized by significant difficulties in social interaction and nonverbal communication, along with restricted and repetitive patterns of behavior and interests	[Settings]
Asthma	Difficulty breathing, often accompanied by respiratory spasms	[Settings]
Autism	A mental condition characterized by great difficulty in communicating and forming relationships with other people and in using language and abstract concepts	[Settings]
Epilepsy	A neurological disorder marked by sudden recurrent episodes of sensory disturbance, loss of consciousness, or convulsions	[Settings]
Hearing impaired	Unable to hear, or difficulty hearing	[Settings]
Vomiting	Prone to vomiting	[Settings]

At the bottom of the table is a "Go back to : Medical" button. The Windows taskbar at the bottom shows the date and time as 9:41 AM on 18/07/2023, and the weather as 10°C Sunny.